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## FOR IMMEDIATE RELEASE

## FIFTH ANNUAL RUN/WALK FOR GULF COAST HUMANE SOCIETY

**FORT MYERS, FL. – March 18, 2015** – The 5<sup>th</sup> annual Fast and the Furriest 5K Run and 1 mile walk to benefit the Gulf Coast Humane Society (GCHS) will be held Saturday, April 18, 2015 and will be hosted by Hammond Stadium.

Hundreds of like-minded dog lovers and supporters of GCHS run and walk the event with or without their dog each year. Avid runners can race to compete, while others can enjoy a leisurely run or walk. Dogs are welcome to participate in the event accompanied their owners on a non-retractable lead.

The chip-timed race will begin at 8:00 a.m. Awards for overall best male and female, and the top three performers in each age group will be presented following the race. Awards will also be presented to the top three dogs in three different weight classes. Participants in all three local Humane Society 5K races will receive a special Triple Crown Award upon completion of the Fast and The Furriest 5K Run and 1Mile Fun Walk. Registration can be completed online at the events page on <a href="https://www.gulfcooasthumanesociety.org">www.gulfcooasthumanesociety.org</a> or at <a href="https://www.active.com">www.active.com</a>. All proceeds will benefit the Gulf Coast Humane Society.

**Gulf Coast Humane Society**, located at 2010 Arcadia Street in Fort Myers, was established as the first non-profit animal welfare organization in southwest Florida in 1947. The 501(c)(3) mission is to rescue, provide safe refuge and compassionate care, and find forever homes for abandoned and neglected animals in the area. GCHS only takes in owner surrendered and transfers from other shelters and rescue groups with a high success rate of adoptions. Their veterinary clinic is open to the public and offers a full array of affordable services six days a week. For more information about the events with the Gulf Coast Humane Society call 239-332-0364 or visit www.gulfcoasthumanesociety.org.

